

With a **Medela** breastpump & accessory system, you'll always be **connected** to your baby, even when you're not there.



Choose products from each category to create a **complete system** for your lifestyle.

Breastpumps

2-Phase Expression® technology mimics a baby's natural nursing pattern.

- Freestyle® - Daily Use
- Pump In Style® Advanced - Daily Use
- Swing™ - Occasional Use
- Harmony™ - Back-up or Travel

Storage & Feeding

BPA-free and compatible with all Medela breastpumps.

- Breastmilk Bottles (5 oz & 8 oz)
- Pump & Save™ Breastmilk Bags
- Breastmilk Freezing & Storage Bulk Pack
- Breastmilk Feeding Gift Set™
- Breastmilk Labeling Lids

Accessories

Personalize your pump and make your process more efficient.

- PersonalFit™ Breastshields
- Quick Clean™ Micro-Steam™ Bags
- Quick Clean™ Wipes
- Easy Expression™ Hands-free Pumping Bustier
- Vehicle Lighter Adapter

Breast Care

Stay comfortable and confident throughout your breastfeeding experience.

- Tender Care™ Lanolin
- Tender Care™ Hydrogel Pads
- Disposable Bra Pads
- Washable Bra Pads
- Contact™ Nipple Shields

Intimate Apparel

Enjoy comfort, fit and support for all occasions.

- Bravado Body Silk Seamless Bra
- Bravado Bliss Nursing Bra
- Bravado Original Nursing Bra
- Bravado Essential Nursing Tank
- Sleep Bra

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Keep the connection™

Which Medela breastpump is best for you?

Returning to work? Pumping daily? Births of multiples?

Medela daily use, double electric breastpumps are designed for moms who pump long-term and several times a day.

Freestyle®

Pump In Style® Advanced
The Metro Bag™

Pump In Style® Advanced
On-the-go Tote

Pump In Style® Advanced
Backpack

Lifestyle/Situation

Mobile & Hands-free – pump anywhere and multi-task while pumping	■	■	■	■
Portable – all-in-one to go with you anywhere	■	■	■	■
Breastfeeding Challenges – drawing out flat or inverted nipples, sore nipples or engorgement, and low milk supply	■	■	■	■

Breastpump Features

Double or single pumping option	■	■	■	■
Pump weighs less than one pound for true pumping mobility	■	■	■	■
Rechargeable battery lets you pump anywhere	■	■	■	■
Digital display with memory, timer and backlight	■	■	■	■
Adjustable speed/vacuum lets you choose the most comfortable setting for you	■	■	■	■
2-Phase Expression® technology for more milk in less time*	●	●	●	●

Bag Features

Removable pump for pumping, organization and transport options	■	■	■	■
Built-in pump for convenient transport and setup	■	■	■	■
Holds pump, accessories and more	■	■	■	■
Built in bottle holders to hold bottles before and after pumping	■	■	■	■

Includes

Hands-free accessories	■	■	■	■
Rechargeable lithium-ion battery	■	■	■	■
Battery pack (8 AA batteries not included)	■	■	■	■
Breastmilk feeding & storage set with cooler carrier & ice pack	■	■	■	■
Breastshields with double pump kit	■	■	■	■



Medela breastpumps feature 2-Phase Expression technology, which is the only research-based breastpump technology that mimics a baby's nursing rhythm, delivering more milk in less time.*

Questions? Visit www.medela.com or call Medela Customer Service at 800-435-8316.

*When pumping at Maximum Comfort Vacuum™ in the expression phase.

Freshly Expressed Breastmilk Storage Guidelines (For Healthy Term Babies)

Room Temperature	Cooler with 3 Frozen Ice Packs	Refrigerator	Freezer	Thawed Breastmilk
4–6 hours at 66–78 °F (19–26 °C)	24 hours at 59 °F (15 °C)	3–8 days at 39 °F or lower (4 °C)	6–12 months 0–4 °F (-18–-20 °C)	use within 24 hrs

For more information, or to find a lactation consultant near you, call our Breastfeeding National Network (BNN) at **1-800-TELL YOU** or visit **www.medela.com**

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References: www.BreastmilkGuidelines.com

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