



FITNESS WRISTBANDS AND CLIPS

HEART RATE + FITNESS WRISTBANDS

SMART FITNESS WATCHES

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	Zip	One	Flex 2	Alta	AltaHR	Charge 2	Blaze	Surge
Steps, distance & calories burned	✓	✓	✓	✓	✓	✓	✓	✓
PurePulse® heart rate	_			_	✓	✓	✓	✓
Sleep tracking & alarms	_	✓	✓	✓	✓	✓	✓	✓
Sleep stages (Light, Deep, REM)	_	_	_	_	✓	✓	✓	_
SmartTrack™ auto exercited recognition	cise	_	✓	✓	✓	✓	✓	✓
Multi-sport modes	_	_		_	_	✓	✓	✓
Built-in GPS	_	_	_	_	_	_	_	✓
Connected GPS	_			_	_	✓	✓	_
On-screen workouts	_	_	_	_	_	_	✓	_
Cardio Fitness Level	_	_	_	_	_	✓	✓	_
Guided breathing session	ons			_	_	✓	✓	_
Run cues	_	_		_	_	_	_	✓
Swim-proof + counts la	aps	_	✓	_	_	_	_	
Call & text alerts	_	_	✓	✓	✓	✓	✓	✓
Reminders to Move	_	_	✓	✓	✓	✓	✓	_
LED progress display	_	_	✓	_	_	_	_	
مُلْع OLED tap display	_	_	_	✓	✓	✓	_	_
O Clock	✓	✓		✓	✓	✓	✓	✓
Horizontal or vertical vi	iew	_	_	✓	✓	_	_	
Music control	_	_	_	_	_	_	✓	✓
Touchscreen display + multiple clock faces	_	_		_	_	_	✓	✓
Accessory bands	_	_	_	✓	✓	✓	✓	_
Accessory bands, bang & pendants	gles	_	✓	_	_	_	_	
Battery up to 5 days	✓	✓	✓	✓	✓	✓	✓	✓